



Dart Frogs

Origin: Central America and South America

Size: 1-2.5 in depending on species

Life Span: Can live 20+ years with proper care



Heat and Lighting:

- Dart frogs are diurnal so a day/night cycle is needed. 12 hours on and 12 hours off with a light will provide that. You can use a UVB light, T5 grow lights (good for live plants), and LED lights.
- Daytime temps should range between 72-80 F. Temperatures 85 F and higher are deadly.
- UVB light is beneficial but not required. A 5.0 UVB light is recommended if you choose to use one.

Tank setup:

- A 20 gallon tall aquarium is the minimum for more than one frog. A 29 gallon or an 18x18x24 terrarium is better for 2-4 frogs. They are little but they like their space.
- A drainage layer, such as Hydroballs, helps with controlling mold and mildew.
- If doing a bioactive tank, a mix of material should be used such as a mix of Reptisoil, sphagnum moss, and leaf litter.
- Provide plenty of hides and climbing items. Dart frogs love live non-toxic plants such as pothos, ferns, and snake plants.

Diet: Only Insectivores

- Staple foods include fruit flies and pinhead crickets. They will also eat springtail and young isopods so if you want a bioactive tank, they can be both a clean-up crew and food.
- Juvenile should be fed 40-50 fruit flies(or the equivalent) every other day
- Adults should be fed 75-100 fruit flies (or the equivalent) three times per week

Water and Humidity:

- Humidity should be maintained by regular misting with a fogger, mister, or a spray bottle used several times per day.
- Humidity level should be maintained at about 80%. Levels below 50% will be deadly.
- A water bowl will help but make sure it is not too deep as dart frogs are not great swimmers. Moving water, such as a waterfall, will be enjoyed by dart frogs.

Temperament & Handling:

- Some species need more hiding places to feel comfortable
- Frogs absorb everything through their skin so make sure your hands are clean with so soap residue or lotion before handling if you have to move them
- Because of their sensitive nature and size, they are more of an observable species rather than a cuddly one.